Spasticity References

Spasticity Alliance Website:


Poststroke Spasticity Management. Gerard E. Francisco, MD; John R. McGuire, MD


Spasticity After Stroke Its Occurrence and Association With Motor Impairments and Activity Limitations Disa K. Sommerfeld, PT, MSc; Elsy U.-B. Eek, PT, MSc; Anna-Karin Svensson, PT, MSc; Lotta Widén Holmqvist, PT, PhD; Magnus H. von Arbin, MD, PhD


Spasticity Infographic:
Increases healthcare costs by 4-fold

Nair KPS, Marsden J. The management of spasticity in adults. BMJ. 2014; 349:g4737.

Increases the burden on caregivers and increases the level of depression experienced by caregivers
Nair KPS, Marsden J. The management of spasticity in adults. BMJ. 2014; 349:g4737.

Spasticity Prevalence:
Up to 43% of stroke survivors report spasticity

50% of Traumatic Brain Injury patients develop spasticity

Up to 78% of patients with MS develop spasticity


Up to 90% of cerebral palsy patients develop spasticity:

Up to 78% of spinal cord injury patient develop spasticity within one year of their injury
